



# LE MIRAGE

HOTEL RESTAURANT & SPA



## SPA BY CODAGE PARIS

*Wellbeing, crafted around you.*



# Welcome inside Le Mirage

Perched between blue skies and an endless horizon, Hôtel Le Mirage overlooks a landscape seemingly suspended in time. Bathed in natural light, within a warm and mineral-inspired setting, a new destination has come to life.

Le Spa du Mirage is a new sanctuary where the art of treatment enhances the Mediterranean lifestyle embodied by this beautiful house. Each moment is experienced as a gentle escape, an invitation to serenity where time takes on a different rhythm. From the very beginning, Le Mirage sought to infuse its vision of well-being into the Spa through French artisanal expertise, while preserving a responsible approach guided by respect for its guests.

**CODAGE Paris**, born in the south of France, is a skincare brand shaped by a family story, committed to respecting both the skin and the environment.

The collaboration between these two Houses therefore came naturally, united by a shared vision of bespoke refinement and elegance. Le Spa du Mirage joins forces with CODAGE Paris, renowned for its targeted formulations, to offer an exceptional wellness experience.





## Bespoke Care, Elevated

A master in the alchemy of personalized care, CODAGE Paris shares the same values of authenticity and generosity, where every individual is unique and deserves genuine attention.

Welcomed by the spa experts, each experience begins with a personalized consultation focused on the unique needs of every skin type, while embracing a holistic approach to both body and mind in order to create a perfectly tailored and targeted treatment ritual.

At Le Spa du Mirage, every experience becomes an inner journey where the skin is enhanced through exquisite textures and transformed by expert touch.



# Tailored Bespoke Experiences

The CODAGE Couture experience is designed to respond precisely to your unique skin and wellness needs. Every detail is thoughtfully curated to offer you an exceptional personalized experience.

## Couture Facial Treatment

A complete and personalized treatment, performed using your bespoke serum blend and manual massage techniques inspired by the CODAGE Paris Cellular Workout™ method.

- 45 minutes – €110
- 60 minutes – €140
- 90 minutes – €210

## Couture Body Treatment

A complete treatment and massage, entirely personalized to your needs and infused with exceptional oils and expert serums.

- 45 minutes : €110
- 60 minutes : €140
- 90 minutes : €210



# Bespoke Facial Experiences

Prescribed by our coaches, our Targeted Facial Experiences are designed for those wishing to enhance their personalised programme and whose skincare concerns are clearly identified. Delivering precise, tailored solutions, they address specific skin needs with expert care and efficacy.

## Pro Age

An ultra-regenerating treatment designed to stimulate cellular renewal and address all visible signs of ageing.

60 minutes : €140

## Radiance Boost

An express radiance-enhancing facial treatment for a luminous, glowing complexion.

45 minutes : €110

## Hydration & Relaxation Boost

An express facial treatment designed to deeply hydrate and soothe the skin.

30 minutes : €85

## Eye Lift & Radiance

A comprehensive eye treatment featuring a targeted serum, hydrogel patches, manual massage techniques and cooling facial spoons to refresh, smooth and illuminate the eye contour.

30 minutes : €85

## Recommended Add-On

### Scalp Massage

A deeply relaxing scalp massage designed to release tension and stimulate circulation, enriched with a blend of eight precious oils to nourish, strengthen and beautify the hair.

15 minutes : €40



# Targeted Body Experiences

## Relaxing Massage

A cocooning and comforting massage designed to promote deep relaxation and serenity.

60 minutes : €140

90 minutes : €210

## Deep Tissue Massage

An invigorating deep-pressure massage that relieves muscular tension and restores vitality.

60 minutes : €140

90 minutes : €210

## Drainage Massage

A draining massage designed to reduce fluid retention, eliminate toxins, stimulate circulation and restore a feeling of lightness.

60 minutes : €140

## Targeted Massage

Additional focused massage treatment of your choice: back, legs, arms, scalp or feet.

30 minutes : €85

## Body Scrub

An exfoliating body treatment combined with personalised massage techniques and infused with expert serums to reveal skin that feels exceptionally soft, smooth and renewed.

45 minutes : €110

## Recommended Add-On

### Express Radiance Facial

An instant glow-enhancing treatment to revive and illuminate the complexion.

15 minutes : €40

### Express Hydra Boost Facial

An intensive hydration infusion designed to plump and replenish the skin.

15 minutes : €40



# Targeted Body Experiences

## Beauty Enhancements

### Eyes Patches

Decongesting hydrogel eye patches enriched with gold nanoparticles to help combat visible signs of ageing while leaving the eye area refreshed and revitalised.

€15

### Face Patch

An advanced facial patch formulated with four forms of hyaluronic acid to deeply hydrate, plump, refresh and regenerate the skin. Gold nanoparticles provide an exceptional radiant glow.

€20



# Face & Body Rituals

Harmonious treatment journeys combining the finest techniques for a complete wellbeing transformation.

## The Gentle Escape

A bespoke wellness ritual designed for absolute relaxation. Expert body massage techniques stimulate circulation and create a sensation of lightness, followed by a high-performance facial treatment featuring the Hydration Boost to reveal the skin's natural radiance and luminosity.

90 minutes - €210

## The Muscle Release

An ideal ritual for athletes and active individuals seeking deep muscular relief. Combining a deep tissue body massage with a hydrating facial treatment enhanced by a focused neck and trapezius massage.

90 minutes - €210

## The Revitalising Journey

The perfect treatment to begin a complete body and skin reset at the start of your holiday. A body scrub prepares the skin for sun exposure, followed by a revitalising massage to restore energy and wellbeing. The experience concludes with an express radiance facial to brighten the complexion and refresh tired skin.

120 minutes - €270



# HydraFacial® Beauty Tech Treatments

Discover cutting-edge skincare technology for perfectly hydrated, radiant skin. HydraFacial® instantly enhances skin luminosity, refines pores and helps maintain a youthful-looking complexion from the very first treatment. Using a patented three-step process, it exfoliates, extracts and hydrates the skin.

- **Cleanse & Exfoliate** : Deeply cleanses the skin while revealing a fresh, radiant complexion through gentle exfoliation and resurfacing.
- **Extract & Hydrate** : Removes impurities through painless extraction while replenishing the skin with nourishing and hydrating ingredients.
- **Protect & Illuminate** : An infusion of antioxidant- and peptide-rich serums delivers intense hydration, comprehensive skin protection and exceptional radiance.

## HydraFacial Essential

A signature treatment designed to cleanse, extract and hydrate the skin using highly concentrated active solutions.

30 minutes - €160

## HydraFacial Signature x CODAGE Paris

Combining the deep-cleansing benefits of HydraFacial Essential with targeted booster serums and the bespoke expertise of CODAGE Paris. This treatment includes cleansing, a personalised facial massage and a customised mask tailored to the skin's needs to soothe and reinforce hydration.

60 minutes - €210

## HydraFacial Platinum

An advanced treatment combining three innovative technologies. The experience begins with a soothing lymphatic drainage massage to detoxify the skin and redefine facial contours. A gentle peel and painless extraction leave the complexion smooth and radiant, while targeted boosters, LED light therapy and pure oxygen infusion optimise results and deliver an exceptional glow.

60 minutes - €250



# Beauty Tech Programmes

For enhanced results achieved more quickly, choose from a programme of 3, 6 or 12 treatments.

## HydraFacial Essential Programme

3 treatments - €430  
6 treatments (5 + 1 complimentary) - €800  
12 treatments (10 + 2 complimentary) - €1,600

## HydraFacial Signature Programme

3 treatments - €560  
6 treatments (5 + 1 complimentary) - €1,050  
12 treatments (10 + 2 complimentary) - €2,100

## HydraFacial Platinum Programme

3 treatments - €670  
6 treatments (5 + 1 complimentary) - €1,250  
12 treatments (10 + 2 complimentary) - €2,500



# Aesthetic Treatments

## Kure Bazaar Hand Treatment

*A complete nail care treatment including a relaxing hand massage and application of a transparent base coat.*

45 minutes - €70

## Kure Bazaar Foot Treatment

*Comprehensive nail and callus care combined with a relaxing massage and application of a transparent base coat.*

45 minutes - €70

## Kure Bazaar Nail Polish Application

15 minutes - €20

## Semi-Permanent Nail Polish Application

*Nail shaping and preparation followed by the application of semi-permanent nail polish.*

30 minutes - €70

Dépose du semi permanent 15 minutes - €20

## Waxing - All Areas

Prices available from the Spa Reception.



# Spa Packages & Access – External Guests

## Pure Relaxation Day

Treat yourself to a truly exceptional moment of relaxation at Mirage\*\*\*\*

- 1-hour Spa access (warm and cool pools, hammam, sauna, ice bath and solarium)
- 60-minute bespoke CODAGE Paris Couture Experience of your choice (facial or body)
- Lunch (two courses, water, coffee or tea, and one glass of wine, champagne or a soft drink)
- Exclusive 2-hour access to the hotel's outdoor swimming pool with sun lounger

€250/personne

## 1-Hour Spa Access

Includes access to both pools, hammam, sauna, cold bath, solarium terrace and refreshing beverages, subject to reservation and availability.

For any 60-minute treatment booked by an external guest, a complimentary one-hour Spa access is included and may be enjoyed prior to the treatment.

€90 /personne

## Private Events

### Groups & Couples

For private bookings and bespoke experiences, please contact the Spa Reception team. Mirage is committed to ensuring that every guest enjoys a unique wellbeing experience and also offers dedicated spa programmes for corporate seminars and events.



# Fitness Experiences



## Séance wellness privative\*

Yoga, Pilates or personal fitness training.

\*Subject to reservation.

60 minutes: €100/solo & €160/duo – €300 for groups of 3 to 5 people

## Group Classes\*

Complimentary morning yoga and fitness awakening sessions are offered throughout July and August. Please contact Spa Reception for schedules and reservations.





# Additional Information

## Opening Hours

Open daily. Spa facilities: 9.00 am – 8.00 pm Fitness studio: 7.00 am – 10.00 pm Treatments: 10.00 am – 8.00 pm Accessible to hotel guests aged 16 and over. Spa access is complimentary for hotel residents throughout their stay. Each spa access session lasts one hour and must be reserved through Spa Reception.

A guided introduction to the hydrotherapy journey is provided to all first-time guests to ensure optimal use of the facilities and maximise wellbeing benefits.

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## Reservations & Cancellations

Please notify us at least 24 hours in advance of any modification. Credit card details are required to secure bookings for external guests. Any appointment not cancelled within the required notice period will be charged in full.

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## Preparation for Your Visit

Please arrive 20 minutes before your scheduled treatment. Separate changing facilities are available for ladies and gentlemen. Bathrobes, slippers and flip-flops are provided and are mandatory within the wet areas. Swimwear is required for access to the hydrotherapy facilities and sensory pool. To preserve the peaceful atmosphere of the Spa, we kindly ask guests to switch off mobile phones.

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## Health & Wellbeing

A health consultation form will be provided during your first visit. Treatments are available for expectant mothers from the fourth month of pregnancy. Access to the wet facilities is not recommended during pregnancy.





# Additional Information

## Gift Vouchers

Treat your loved ones to a memorable wellbeing experience with a Spa du Mirage\*\*\*\* Gift Voucher. Our team will be delighted to assist you.

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## Treatments for Minors

For guests aged 12 to 16, a legal guardian must remain present in the treatment room throughout the treatment. For guests aged 16 to 18, written parental or legal guardian consent is required before any treatment can be provided.

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*The Management accepts no responsibility for the loss or theft of personal belongings. We recommend securing valuables at all times.*

*All treatments are available in a double treatment room, with the exception of HydraFacial® treatments and exfoliating body treatments.*

